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The Young wife young mother – a wise builder

Young Wife Young Mother

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Tackling bullying with your child

The matter of bullying is on the rise in many of our children's schools worldwide, and even in some of our churches. As Christian mothers we ought to know how we can tackle this matter in our ever changing society.

So, how can we as christian mothers tackle bullying?

i. Give your child a listening ear: Make it a daily habit to seek and attentively listen to feedback from your child after school.

ii. Boost your child's confidence in God's word, affirm him in God's word.

iii. Report to school teacher/school authority: Bullying episodes should be reported to your child's school authority and work with them to see how to resolve this for your child. Make sure he/she reports bullying scenes to his teacher.

iv. Pray: Pray for and with your child and the bully, that God will reach out to such a child.

Guard against revenge: do not ask your child to fight back. Ask him/her to move away from bullies, and to stand up for godliness.

Building yourself up in order to build your home

The job of building a home is not a small task however, it is a task worth doing well and one that ought to be done with focus. And what a privilege it is to know this early, as a young wife and young mother. While building a home is necessary, the life of the builder must first be built in order to be a builder of a home for the Lord.

The scriptures in Proverbs 14: 1 tells us that the wise woman builds her house. So, it is our responsibility as wives to build the home. Many of us as young wives and as young mothers got married without proper equipping, so we tend to have built wrongly or to have laid the wrong foundation before we come across the true and living way of building our home. As regretting as the wrong foundation built may be, God is still able to rectify the wrong foundation as He build you up as a wife who in turn builds her home.

Hebrews 3:4 says "*For every house has a builder, but the one who built everything is God*" So, it is God that builds all things and that includes the builder of the home.

How can you see to it that you are well built up for the responsibility of building your home as a young wife, young mother?

- Build yourself in Christ:** Are you genuinely saved? This is the foundation to you becoming a builder of home for Christ.
- Build yourself in God's word:** In order to build, as the woman in the home you must spend time in God's word.
- Build yourself up** by reading biblical writings on the christian life, mothering, marriage etc.
- Get into discipleship relationship** with another older mother who can help in building you up as a young mother.

Engaging your family through table time

One of the treasures we seem to have lost in the body of Christ is that of sitting together as a family at the table as we have our meals. The attitudes of many christian women are changing to the kitchen and table time.

Many seem to have no time to cook, but depend on convenient food, or on caterers to cater for their family meals.



The kitchen ought to be a place of delight for mothers in the home, where your children look forward to see and smell the preparation of your delicious meals.

If we are not looking forward to kitchen time, how do we engage our families at the dining table?

Though, I said dining table, actually you can dine with your family even if you don't have a dining table. You can all sit around in your living room with all carrying their food in a tray or so, then you can chat and discuss as you all eat.

Whatever number of rooms you have, you can eat together with your family.

Research shows that children that spend time to dine with their family ten to succeed in life. Why? I believe that meal times spent together as a family gives opportunity to share our day, experience, joy challenges and to strengthen each other.

One of the ways I engage my family at table time is by reading scriptures on card or mini stories after our meals. We discuss related issues during and after meals.

You curb covetousness and bad table manners as you sit together with your family to dine as a family in your home.

This is an integral part of a family life. Even though our families are becoming busier, and we are deprived of meal times together, each person grabs their meal and eat separately in many of our christian homes. I believe we can agree to all sit together maybe for one meal a day where we eat, chat, offload and fellowship together.

Can I close this article by asking **“what are you going to do with your meal times?”**

The cost of building up under 10 year old children



For which of you, intending to build a tower, sitteth not down first, and counteth the cost, whether he have sufficient to finish it? Luke 14:28

The effort to build up the lives of our under ten year olds can never be under estimated. Engaging the lives of our under ten year children before getting into the two digit numbers is very vital, for that is the time of deep foundation laying for what might take place in the preteen and teenage years. And to whole heartedly commit to this, is not without a cost. And it is a cost that mothers who understood that they are building someone significant are willing to pay.

But may I say that as costly as it may be, it is a rewarding expenditure. It is such that in years to come you will look back to thank God for the commitment to the building of your child while under ten.

What will it cost you?

It will cost you yourself: The need to give yourself to your under ten year old children is highly recommended in order to model what you desire to see in that child's life. And this may involve cutting down your work hours or even quitting work if need be in order to concentrate on this precious one of yours. It is not enough to quit work for your child, you must have a goal and strategy of building that child that you are committing yourself to.

Your time with your child during early years of learning and development is very useful. And the main cost to your time with your child is **yourself**. Your gifts, toys, clothes etc can never equate this. As you commit your time, your love, your focus in sacrificing some things in order to focus in building up your child, you will come to see that it is a rewarding venture. It is a cost worth committing yourself to pay.

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